

Marsden Club

NEWSLETTER

2018

August



We have been very busy in July enjoying various activities inside where it is nice and warm. We had fun playing indoor mini golf and lots of games like Bingo and Snakes and Ladders.

We have had a number of our Member's jackets and coats left behind as some of them are not labelled. Please help us by labelling our Member's belongings.



At one of our Art Therapy sessions Emma brought homemade play dough for creating interesting artworks. Working with play dough brings limitless opportunities for colourful imagination and creativity.



Other activities in July:

We created a complete picture combining origami with drawing. The origami added a 3D effect to the pictures. This task was complex and challenging.

The other interesting artwork was using real leaves glued to a canvas. The Members then completed the picture by painting their own foliage and branches. The end result was a great success. The participating Members proudly took home their creations.



Homemade Play Dough Recipe:

This homemade play dough is simple and natural, it also makes a perfect activity for grandparents and grandchildren.

Ingredients:

1 cup of flour, $\frac{1}{4}$ cup of salt, $\frac{1}{2}$ cup of warm water, 1 tablespoon vegetable oil, 3 to 5 drops of natural food colouring. Mix together and knead until smooth.

We love to be here

When you have opportunity and time look around our natural environment. I took this picture recently at the Botanical Gardens.



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